[**Apache POI** is a **Java library** used for **handling Microsoft Office documents** such as Word, PowerPoint, and Excel](https://poi.apache.org/) [1](https://poi.apache.org/)[2](https://www.javatpoint.com/apache-poi-tutorial)[3](https://en.wikipedia.org/wiki/Apache_POI). It provides APIs for reading, writing, and modifying these file formats.

Here are **five free reference links** where you can learn more about Apache POI:

1. [**DigitalOcean Tutorial**](https://www.digitalocean.com/community/tutorials/apache-poi-tutorial): This tutorial covers the basics of working with Excel files using Apache POI and includes examples for reading data from Excel files.
2. [**TutorialsPoint**](https://www.tutorialspoint.com/apache_poi/index.htm): TutorialsPoint offers an extensive guide to Apache POI, covering core classes, workbooks, spreadsheets, and cells.
3. [**Learn Apache POI**](https://www.tutorialspoint.com/learn-apache-poi/index.asp): Learn how to handle MS Excel using Java, create Excel sheets, read existing Excel files, and understand Excel styling.
4. [**JavaTpoint**](https://www.javatpoint.com/apache-poi-tutorial): JavaTpoint’s tutorial provides both basic and advanced concepts of Apache POI, suitable for beginners and professionals.
5. [**HowToDoInJava**](https://howtodoinjava.com/java/library/readingwriting-excel-files-in-java-poi-tutorial/): This tutorial discusses everyday Excel operations using Apache POI, including reading and writing Excel files.

Feel free to explore these resources to enhance your knowledge of Apache POI! 🚀